



# News Advisory

For Immediate Release:

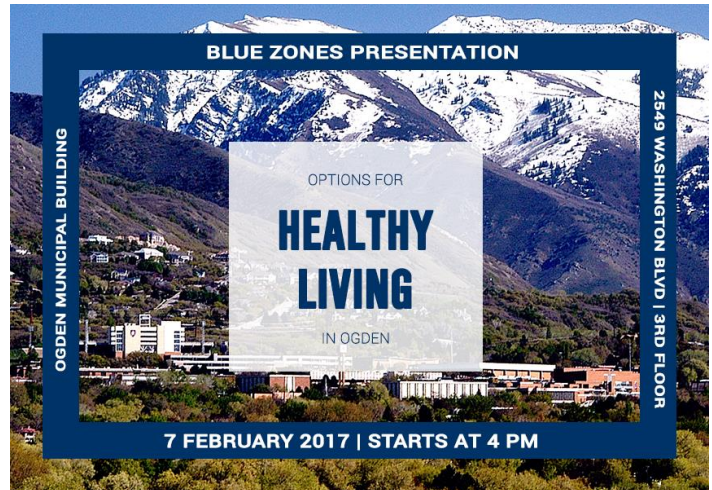
February 1, 2017

Office of the Ogden City Council

## Ogden City Council explores options for building a healthier community

The Ogden City Council is exploring options to coordinate community efforts geared toward making healthy living options more accessible. The Council has invited Blue Zones to present concepts from New York Times best-selling author Dan Buettner during the February 7<sup>th</sup> [Council Work Session](#).

“One of the Council’s legislative priorities is to promote the health and well-being of our residents through active living,” Council Vice Chair Richard Hyer said. “This priority complements proactively looking to implement policies, programs and facilities that offer healthier options to our residents.”



Ogden has several efforts in place that it can build upon to promote healthy living, including the Ogden General Plan, Community Plans, the Bicycle Master Plan, a Community Wellness Joint Resolution, parks and recreational facilities and programs, [Idle-Free Week](#) and the Mayor’s Walk.

Additional projects the City has underway that can be used toward this goal, include the Transportation Master Plan, the Recreation Master Plan, the Civic Action Plan, the Diversity Commission and the Arts and Culture Master Plan.

The Weber-Morgan Health Department recently conducted a [Community Health Assessment](#) to determine the health status and needs of our community. The Council will consider this resource and other options, including Blue Zones and Intermountain Live Well, in determining the direction of the Council’s Active and Healthy Living initiative.

### Additional information:

- Press Kit: [ogdencity.com/councilmediaroom](http://ogdencity.com/councilmediaroom)
- Ogden City Council website: [council.ogdencity.com](http://council.ogdencity.com)

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